

FREE GIFT - KEEP THIS SAFE

30 STORYBOARD PROMPTS

Copy-paste prompts that turn any idea into a
ready-to-shoot video storyboard - for every genre

Paste one into Claude or ChatGPT. Replace the
[BRACKETS]
with your topic. It hands you a full scene-by-scene
storyboard
you can send straight to your AI video tool.

From Bambi - The AI Life Upgrade

How to use these (30 seconds)

1. Pick a prompt that fits your video

They are grouped by genre - story, ads, education, faceless, entertainment, cinematic. Pick the vibe you want.

2. Replace every [BRACKET]

The brackets are where your topic, product, or theme goes. Specific in = specific out.

3. Paste it into Claude or ChatGPT

It returns a full storyboard: the visual, mood, on-screen text and voiceover for each scene.

4. Send the scenes to your video tool

Turn each scene into a clip (DaVinci AI, Higgsfield, Canva), add the voiceover, assemble in CapCut. Done.

THE GOLDEN RULE

A great video starts with a great storyboard. These prompts do the hardest part - the planning - for you, in seconds.

STORY & EMOTIONAL

1. Brand Story

Create a 5-scene vertical video storyboard telling the emotional origin story of [BRAND/ PERSON]. Arc: struggle, turning point, transformation, mission today, invite the viewer. For each scene give: visual, mood, on-screen text, one voiceover line.

2. Character Journey

Create a 5-scene storyboard following one relatable character who overcomes [PROBLEM] using [SOLUTION], Pixar-style. For each scene: visual, emotion, on-screen text, voiceover.

3. Before & After

Create a 6-scene storyboard showing a clear before-and-after transformation of [SUBJECT] - build tension, then relief. Each scene: visual, mood, text, voiceover.

4. Testimonial Story

Create a 5-scene storyboard that dramatises a customer's success with [PRODUCT/SERVICE] like a mini-movie. Each scene: visual, emotion, text, voiceover.

5. Day in the Life

Create a 5-scene 'a day in the life of [PERSON/ROLE]' storyboard, warm and relatable. Each scene: visual, mood, text, voiceover.

ADS & SALES

6. Product Ad

Create a 5-scene ad storyboard for [PRODUCT]. Flow: hook, problem, product reveal, benefits, call to action. Each scene: visual, mood, text, voiceover.

7. Problem to Solution

Create a 5-scene storyboard that dramatises a painful [PROBLEM], then reveals [SOLUTION] as the hero. Each scene: visual, emotion, text, voiceover.

8. Offer Reveal

Create a 5-scene storyboard that builds curiosity toward a big reveal of [OFFER]. Each scene: visual, mood, text, voiceover.

9. UGC / Friend Recommends

Create a 5-scene casual, authentic 'a friend recommends it' storyboard for [PRODUCT] - handheld and real. Each scene: visual, tone, text, voiceover.

10. The Hard Way vs This Way

Create a 5-scene storyboard contrasting 'the hard way' with 'the [PRODUCT] way' of doing [TASK]. Each scene: visual, mood, text, voiceover.

EDUCATION & HOW-TO

11. Explainer

Create a 5-scene storyboard that explains [CONCEPT] simply using visual metaphors. Each scene: visual, mood, on-screen text, voiceover.

12. Step-by-Step Tutorial

Create a 6-scene step-by-step tutorial storyboard for [TASK], with clear numbered steps. Each scene: visual, text, voiceover.

13. Myth-Buster

Create a 5-scene storyboard that busts a common myth about [TOPIC] - hook with the myth, then reveal the truth. Each scene: visual, mood, text, voiceover.

14. Listicle

Create a 5-scene '5 things about [TOPIC]' storyboard - fast and punchy. Each scene: visual, text, voiceover.

15. Mistake and Fix

Create a 5-scene storyboard showing the #1 mistake people make with [TOPIC] and the fix. Each scene: visual, mood, text, voiceover.

FACELESS & MOTIVATIONAL

16. Motivational

Create a 5-scene cinematic motivational storyboard about [THEME], no face needed - epic and moody. Each scene: visual, mood, on-screen text, voiceover.

17. Quote-Driven

Create a 5-scene faceless storyboard built around this quote or idea: [QUOTE]. Each scene: visual, mood, text, voiceover.

18. Dark Aesthetic

Create a 5-scene moody, dark-aesthetic faceless storyboard about [TOPIC], cinematic shadows. Each scene: visual, mood, text, voiceover.

19. Faceless Tips

Create a 5-scene faceless 'tips' storyboard delivering 3 quick tips on [TOPIC] over b-roll. Each scene: visual, text, voiceover.

20. Cinematic Voiceover

Create a 5-scene cinematic storyboard where a powerful voiceover about [THEME] plays over striking visuals. Each scene: visual, mood, voiceover.

ENTERTAINMENT & TRENDS

21. POV

Create a 5-scene POV storyboard: 'POV: you [SITUATION]' - immersive first-person. Each scene: visual, mood, text, voiceover.

22. Storytime

Create a 5-scene 'storytime' storyboard telling a surprising short story about [EVENT], building to a twist. Each scene: visual, mood, text, voiceover.

23. Relatable Skit

Create a 5-scene light comedy skit storyboard about [RELATABLE SITUATION]. Each scene: visual, action, text, voiceover.

24. Trend Adaptation

Create a 5-scene storyboard adapting the trend '[TREND]' to [MY NICHE]. Each scene: visual, mood, text, voiceover.

25. Bold Hot-Take

Create a 5-scene storyboard delivering a bold, respectful hot-take on [TOPIC]. Each scene: visual, mood, text, voiceover.

CINEMATIC & 3D / AI

26. 3D Character

Create a 5-scene storyboard starring ONE consistent 3D Pixar-style character experiencing [STORY]. Each scene: character, action, emotion, camera move, voiceover.

27. Surreal / Uncanny

Create a 5-scene surreal, uncanny (not gory) storyboard about [THEME] designed to stop the scroll. Each scene: impossible visual, camera, mood, on-screen text.

28. 3-Second Hooks

Give me 5 cinematic 3-second opening-hook scenes for a video about [TOPIC] - each with an impossible or dramatic visual, a camera move, and a hook line.

29. Sci-Fi / Future

Create a 5-scene cinematic sci-fi storyboard imagining the future of [TOPIC]. Each scene: visual, camera, mood, text, voiceover.

30. Epic Scale

Create a 5-scene epic, awe-inspiring storyboard using grand nature or scale to represent [THEME]. Each scene: visual, camera, mood, voiceover.

30 prompts. Infinite videos.

You now never have to stare at a blank screen again.
Want to learn the full system - script, visuals, voiceover, editing,
and advanced AI video? It is all inside The AI Life Upgrade.

THE AI LIFE UPGRADE

8 modules - including Basic & Advanced AI Video Mastery.
Watch the free training to see how it all fits together.

(c) Bambi - The AI Life Upgrade - Share this pack with someone who creates.